


# On, Wisconsin! Menu

Week 4					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	<b>Hearty Spanish Stew</b> w/Cheddar Topping** Fresh Baked WW Breadstick Crisp Vegetables w/Ranch Baked Apples Purple Grapes Choice of Milk	<b>Black Bean Quesadilla</b> Steamed Corn Refried Beans Chilled Canned Pears Choice of Milk	<b>Country Smoked Turkey and Bean Soup</b> w/Cheddar Topping Build Your Own Side Salad WW Cinnamon Roll WW Dinner Roll* Juicy Pineapple Tidbits Choice of Milk	<b>All-American Chicken Wrap</b> Build Your Own Side Salad Fresh Celery Sticks w/Peanut Butter** Assorted Fresh Melon Bowl Choice of Milk	<b>Flame-Broiled Cheeseburger</b> Sweet Potato Tots Baked Beans Fresh Mixed Fruit Cup Choice of Milk
Option 2	 <b>Buffalo Chicken Wrap</b> Crisp Vegetables w/Ranch Baked Apples Purple Grapes Choice of Milk	<b>Crispy Nachos with Ground Beef</b> Steamed Corn Refried Beans Chilled Canned Pears Choice of Milk	<b>Deli Boardwalk Sandwich</b> Build Your Own Side Salad Juicy Pineapple Tidbits Choice of Milk	<b>Berry Chicken Salad</b> WG Soft Pretzel Rods Fresh Celery Sticks w/Peanut Butter** Assorted Fresh Melon Bowl Choice of Milk	<b>Toasted Turkey &amp; Cheese Sandwich</b> Sweet Potato Tots Baked Beans Fresh Mixed Fruit Cup Choice of Milk

## Key:

WG = Whole Grain

WW = Whole Wheat

\*Applies to 6-8 & 9-12 menus only

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## Milk Choice includes:

1% White

Skim White

Skim Chocolate